

# MENÚ DE OCTUBRE DE 2017

L 2	GAZPACHO SOPA DE FIDEOS HUEVOS FRITOS CON PATATAS Y PIMIENTOS BUFFET DE ENSALADAS FRUTA VARIADA	M 3	GAZPACHO CREMA DE CALABACÍN CARRILLADA CON TOMATE PATATAS A LA ESPAÑOLA BUFFET DE ENSALADAS FRUTA VARIADA	X 4	GAZPACHO MACARRONES CARBONARA ROSADA ANDALUZA SALMÓN AL HORNO BUFFET DE ENSALADAS FRUTA EN ALMÍBAR	J 5	GAZPACHO SOPA DE PESCADO PAVO RELLENO CON SALSAS DE ARÁNDANOS CORDERO LECHAL AL HORNO BUFFET DE ENSALADAS FRUTA VARIADA	V 6	GAZPACHO ENSALADILLA RUSA BOQUERONES A LA ANDALUZA BUFFET DE ENSALADAS FRUTA VARIADA, YOGURES Y NATILLAS
L 9	GAZPACHO ESPAGUETIS BOLOÑESA SALCHICHAS DE PAVO BUFFET DE ENSALADAS FRUTA VARIADA	M 10	GAZPACHO CREMA DE PUERROS CINTA DE LOMO A LA PLANCHA PATATAS PANADERAS FRUTA VARIADA	X 11	GAZPACHO LENTEJAS ESTOFADAS LENGUADO BUFFET DE ENSALADAS FRUTA VARIADA	J 12	NO LECTIVO—FIESTA DEL PILAR	V 13	GAZPACHO PAELLA MIXTA CALAMARES FRITOS BUFFET DE ENSALADAS FRUTA VARIADA
L 16	GAZPACHO COCIDO FILETE DE LOMO A LA PLANCHA VERDURAS SALTEADAS BUFFET DE ENSALADAS FRUTA VARIADA	M 17	GAZPACHO CREMA REINA ALBÓNDIGAS CASERAS (POLLO, TERNERA Y CERDO) BUFFET DE ENSALADAS FRUTA VARIADA	X 18	GAZPACHO LASAÑA ROSADA Y BACALAO A LA VIZCAÍNA BUFFET DE ENSALADAS FRUTA VARIADA	J 19	NO LECTIVO—FIESTA SAN PEDRO ALCÁNTARA	V 20	GAZPACHO JUDÍAS BLANCAS ESTOFADAS FRITURA VARIADA BUFFET DE ENSALADAS FRUTA VARIADA YOGURES Y NATILLAS
L 23	GAZPACHO TALLARINES CARBONARA SALCHICHAS DE PAVO BUFFET DE ENSALADAS FRUTA VARIADA	M 24	GAZPACHO CREMA DE CALABAZA MAGRO CON TOMATE PATATAS FRITAS FRUTA VARIADA	X 25	GAZPACHO PEZ ESPADA A LA PLANCHA ROSADA A LA ROMANA BUFFET DE ENSALADAS FRUTA VARIADA	J 26	GAZPACHO SOPA DE PICADILLO CROQUETAS DE LA ABUELA BUFFET DE ENSALADAS FRUTA VARIADA	V 27	GAZPACHO PAELLA MIXTA ARROZ NEGRO BOQUERONES A LA ANDALUZA BUFFET DE ENSALADAS FRUTA VARIADA
L 30	GAZPACHO PUCHERO TORTILLA DE PATATAS Y PIMIENTOS FRITOS BUFFET DE ENSALADAS FRUTA VARIADA	M 31	GAZPACHO CREMA DE PUERROS PECHUGA DE POLLO A LA PLANCHA BUFFET DE ENSALADAS FRUTA VARIADA						

# MERIENDAS (INFANTIL Y PRIMER CICLO DE PRIMARIA)

<b>LUNES</b>	GALLETAS CHIQUILÍN Y PRÍNCIPE BATIDOS VARIADOS (CHOCOLATE, VAINILLA Y FRESA)	<b>MARTES</b>	MOLLETE CON JAMÓN DE PAVO ZUMOS DE NARAJA O PIÑA	<b>MIÉRCOLES</b>	FRUTA Y PETIT SUISE	<b>JUEVES</b>	MOLLETE CON QUESO ZUMOS DE NARANJA O PIÑA
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## SUGERENCIAS PARA LA CENA

L 2	CREMA DE ESPÁRRAGOS, SALCHICHAS DE PAVO, FRUTA	M 3	ENSALADA MIXTA, TORTILLA DE QUESO, YOGURT	X 4	SOPA, EMPANADA DE CARNE, FRUTA	J 5	CREMA DE VERDURAS, LÁCTEOS, FRUTA	V 6	BRÓCOLI HERVIDO, CARNE, FRUTA Y VASO DE LECHE
L 9	CREMA DE ESPÁRRAGOS, PESCADO, FRUTA	M 10	ENSALADA MIXTA, TORTILLA DE QUESO, YOGURT	X 11	FILETES RUSOS, FRUTA Y YOGURT	J 12	NO LECTIVO	V 13	ENSALADA MIXTA, TORTILLA DE QUESO, YOGURT
L 16	SÁNDWICH DE SALMÓN, YOGURT, FRUTA	M 17	VERDURA, PESCADO, FRUTA Y VASO DE LECHE	X 18	CREMA DE CALABACÍN, FRUTA Y VASO DE LECHE	J 19	NO LECTIVO	V 20	FILETES RUSOS, FRUTA Y YOGURT
L 23	BRÓCOLI HERVIDO, PESCADO, FRUTA Y VASO DE LECHE	M 24	ENSALADA, PESCADO, FRUTA	X 25	ENSALADA MIXTA, TORTILLA DE QUESO, YOGURT	J 26	REVUELTO DE ESPÁRRAGOS, PICADILLO DE TOMATE, FRUTA	V 27	SOPA, EMPANADA DE CARNE, FRUTA
L 30	ENSALADA DE ESPINACAS, DORADA AL HORNO, FRUTA	L 31	ENSALADA MIXTA, TORTILLA DE QUESO, YOGURT						

# OCTOBER MENU 2017

M 2	GAZPACHO NOODLE SOUP FRIED EGGS AND PEPPERS WITH CHIPS SALAD BUFFET VARIETY OF FRUITS	T 3	GAZPACHO CREAM OF ZUCCHINI SOUP TENDER PORK LOIN WITH TOMATO SAUCE POTATOES SPANISH STYLE SALAD BUFFET VARIETY OF FRUITS	W 4	GAZPACHO MACARONI CARBONARA PINK ROCKFISH ANDALUSIAN STYLE BAKED SALMON SALAD BUFFET FRUITS IN SYRUP	Th 5	GAZPACHO FISH SOUP STUFFED TURKEY WITH CRANBERRY SAUCE BAKED MILK-FED LAMB SALAD BUFFET VARIETY OF FRUITS	F 6	GAZPACHO POTATO SALAD ANCHOVIES ANDALUSIAN STYLE SALAD BUFFET VARIETY OF FRUITS, YOGURTS, AND CUSTARD
M 9	GAZPACHO SPAGUETTI BOLOGNESE TURKEY SAUSAGES SALAD BUFFET VARIETY OF FRUITS	T 10	GAZPACHO CREAM OF LEEK SOUP GRILLED TENDER PORK LOIN POTATOES "PANADERA" STLYE VARIERY OF FRUITS	W 11	GAZPACHO LENTIL STEW SOUL FISH SALAD BUFFET VARIETY OF FRUITS	Th 12	NO LECTIVO—FIESTA DEL PILAR	F 13	GAZPACHO MIXED PAELLA FRIED CALAMARI SALAD BUFFET VARIETY OF FRUITS
M 16	GAZPACHO SPANISH CHICKEN SOUP GRILLED TENDER PORKLOIN SAUTEÉD VEGETABLES SALAD BUFFET VARIETY OF FRUITS	T 17	GAZPACHO CREAM OF VEGETABLE SOUP HOMEMADE MEATBALLS (CHICKEN, BEEF, PORK) SALAD BUFFET VARIETY OF FRUITS	W 18	GAZPACHO LASAGNA HAKE AND COD VIZCAÍNA STYLE SALAD BUFFET VARIETY OF FRUITS	Th 19	NO LECTIVO—FIESTA SAN PEDRO ALCÁNTARA	F 20	GAZPACHO WHITE BEANS STEW VARIETY OF FRIED FISH SALAD BUFFET VARIETY OF FRUITS, YOGHURTS AND CUSTARD
M 23	GAZPACHO NODDLES CARBONARA TURKEY SAUSAGES SALAD BUFFET VARIETY OF FRUITS	T 24	GAZPACHO CREAM OF PUMKIN SOUP LEAN PORK IN TOMATO SAUCE CHIPS VARIETY OF FRUITS	W 25	GAZPACHO GRILLED SWORDFISH BATTERED PINK ROCKFISH SALAD BUFFET VARIETY OF FRUITS	Th 26	GAZPACHO GARNISHED CHICKEN SOUP CROQUETES "ABUELA" SALAD BUFFET VARIETY OF FRUITS	F 27	GAZPACHO MIXED PAELLA BLACK RICE ANCHOVIES ANDALUSIAN STYLE SALAD BUFFET VARIETY OF FRUITS
M 30	GAZPACHO HOMESTYLE CHICKEN SOUP POTATO OMELETTE AND FRIED PEPPERS SALAD BUFFET VARIETY OF FRUITS	T 31	GAZPACHO CREAM OF LEEKS SOUP GRILLED CHICKEN BREASTS SALAD BUFFET VARIETY OF FRUITS						



# TEA (PRE-SCHOOL AND FIRST CYCLE OF PRIMARY EDUCATION)

<b>MONDAY</b>	CHIQUILIN AND PRINCIPE BISCUITS VARIET OF MILKSHAKES ( CHOCOLATE, VANILLA AND STRAWBERRY )	<b>TUESDAY</b>	BREAD ROLL WITH SLICED TURKEY ORANGE OR PINEAPPLE JUICE	<b>WEDNESDAY</b>	FRUTA Y PETIT-SUISE FRUIT AND PETIT -SUISE	<b>THURSDAY</b>	BREAD ROLL WITH CHEESE ORANGE OR PINEAPPLE JUICE
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## DINNER SUGGESTION

M 2	ASPARAGUS SOUP, TURKEY SAUSAGES, FRUIT	T 3	MIXED SALAD, CHEESE OMELETTE, YOGHURT	W 4	SOUP, MEAT PIE, FRUIT	Th 5	CREAM OF VEGETABLES, DAIRY PRODUCTS, FRUIT	F 6	BROCCOLI, MEAT, FRUIT Y GLASS OF MILK
M 9	ASPARAGUS SOUP, TURKEY SAUSAGES, FRUIT	T 10	MIXED SALAD, CHEESE OMELETTE, YOGHURT	W 11	RUSSIAN FILLETS, FRUIT AND YOGHURT	Th 12	HOLIDAY	F 13	MIXED SALAD, CHEESE OMELETTE, YOGHURT
M 16	SALMON SANDWICH, YOGHURT AND FRUIT	T 17	VEGETABLES, FISH, FRUIT AND A GLASS OF MILK	W 18	CREAM OF COURGETTER, FRUIT AND A GLASS OF MILK	Th 19	HOLIDAY	F 20	RUSSIAN FILLETS, FRUIT AND YOGHURT
M 23	BROCCOLI, FISH, FRUIT AND GLASS OF MILK	T 24	SALAD, FISH, FRUIT	W 25	MIXED SALAD, CHEESE OMELETTE, YOGHURT	Th 26	SCRAMBLED ASPARAGUS, TOMATO SALAD, FRUIT	F 27	SOUP, MEAT PIE, FRUIT
M 30	SPINACH SALAD, ROAST DORADA, FRUIT	T 31	MIXED SALAD, CHEESE OMELETTE, YOGHURT						