

MENÚ DE ABRIL DE 2018

L 2	MACARRONES BOLOÑESA FILETES TERNERA PLANCHA BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANO, PERAS, MANZANAS, NARANJAS)	M 3	LENTEJAS ESTOFADAS ROSADA A LA ROMANA PEZ ESPADA A LA PLANCHA BUFFET DE ENSALADAS CON AGUACATES FRUTA EN ALMÍBAR (MELOCOTÓN)	X 4	CREMA DE VERDURAS ALBÓNDIGAS CASERAS (POLLO / TERNERA / CERDO) VERDURAS SALTEADAS BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANO, PERAS, MANZANAS, NARANJAS)	J 5	SOPA DE MARISCOS POLLO ASADO AL LIMÓN PATATAS ESPAÑOLAS BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANO, PERAS, FRESAS)	V 6	PAELLA MIXTA BOQUERONES REBOZADOS BUFFET DE ENSALADAS FRUTA VARIADA (PERAS, MANZANAS, PLÁTANOS) YOGURES Y NATILLAS
L 9	ARROZ A LA CUBANA CON PLÁTANO FRITO FILETES DE LOMO A LA PLANCHA MENESTRA SALTEADA BUFFET DE ENSALADAS FRUTA VARIADA (PERAS, MANZANA, PERAS)	M 10	LASAÑA (CARNE Y ESPINACAS). MERLUZA EN Salsa VERDE ROSADA A LA ANDALUZA BUFFET DE ENSALADAS (MANZANAS, PERAS, FRESAS)	X 11	LENTEJAS ESTOFADAS PATA DE CORDERO ASADA AL HORNO PATATAS A LO POBRE BUFFET DE ENSALADAS FRUTA EN ALMÍBAR (PIÑA)	J 12	SOPA DE COCIDO CROQUETAS DE LA ABUELA BUFFET DE ENSALADAS FRUTA VARIADA (PERAS, MANZANAS, PLÁTANOS)	V 13	FABADA CALAMARES A LA ROMANA BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, NARANJAS, PERAS) YOGURES Y NATILLAS
L 16	GAZPACHO PIZZAS CASERAS SALCHICHAS DE PAVO BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, NARANJAS, PERAS)	M 17	GAZPACHO CAZUELA DE PATATAS SALMÓN AL HORNO CALAMARITOS GUISANTES CON JAMÓN BUFFET DE ENSALADAS FRUTA VARIADA (MANZANAS, PERAS, FRESAS)	X 18	GAZPACHO CREMA DE CALABAZA HAMBURGUESAS (POLLO, TERNERA Y CERDO) PATATAS A LA ESPAÑOLA) BUFFET DE ENSALADAS FRUTA EN ALMÍBAR (MELOCOTÓN)	J 19	GAZPACHO LENTEJAS ESTOFADAS PAVO RELLENO CON Salsa ARÁNDANOS BUFFET ENSALADAS FRUTA VARIADA (PLÁTANO, MANZANA, NARANJAS)	V 20	GAZPACHO ARROZ NEGRO CON JIBIA FIDEUÁ LENGUADOS A LA PLANCHA BUFFET DE ENSALADAS FRUTA VARIADA (MANZANAS, PLÁTANOS, PERAS) YOGURES Y NATILLAS
L 23	GAZPACHO LASAÑA FILETES DE TERNERA A LA PLANCHA REVUELTO DE CHAMPIÑONES Y ALCACHOFAS BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, NARANJAS, PERAS)	M 24	GAZPACHO LENTEJAS CON CHORIZO TORTILLA DE PATATAS Y CEBOLLA GUISANTES CON JAMÓN BUFFET DE ENSALADAS FRUTA VARIADA (MANZANAS, PERAS, FRESAS)	X 25	GAZPACHO TALLARINES CARBONARA ROSADA A LA PLANCHA EMPANADILLAS DE ATÚN BUFFET DE ENSALADAS FRUTA VARIADA (MANZANAS, PERAS, FRESAS)	J 26	GAZPACHO POTAJE DE GARBANZOS CROQUETAS DE LA ABUELA BUFFET DE ENSALADAS FRUTA EN ALMÍBAR (PIÑA)	V 27	SOPA DE PICADILLO BOQUERONES REBOZADOS BUFFET DE ENSALADAS FRUTA VARIADA (NARANJAS, PERAS, PLÁTANOS) YOGURES Y NATILLAS
L 30	GAZPACHO ARROZ TRES DELICIAS CHULETAS DE SAJONIA A LA PLANCHA ENSALADAS VARIADAS FRUTA VARIADA (PLÁTANOS, MANZANAS, PERAS)								

APRIL MENU 2018

M 2	MACARONI BOLOGNESE GRILLED BEEF STEAK SALAD BUFFET VARIETY OF FRUITS (BANANAS, PEARS, APPLES ORANGES)	T 3	LENTIL STEW PINK ROCK FISH ROMANA STYLE GRILLED SWORD FISH SALAD BUFFET WITH AVOCADOS PEACHES IN SYRUP	W 4	CREAM VEGETABLE SOUP HOMEMADE MEATBALLS (CHICKEN/BEEF/PORK) SAUTÉED VEGETABLES SALAD BUFFET VARIETY OF FRUITS (BANANAS, PEARS, APPLES, ORANGES)	T h 5	SEAFOOD SOUP LEMON ROASTED CHICKEN SPANISH POTATOES SALAD BUFFET VARIETY OF FRUITS (BANANAS, PEARS, STRAWBERRIES)	F 6	MIXED PAELLA FRIED ANCHOVIES SALAD BUFFET VARIETY OF FRUITS (PEARS, APPLES, BANANAS) YOGHURTS AND CUSTARDS
M 9	RICE WITH TOMATO SAUCE AND FRIED PLANTAINS GRILLED PORK STEAK SAUTÉED VEGETABLES SALAD BUFFET VARIETY OF FRUITS (PEARS, APPLES, BANANAS)	T 10	LASAGNA (MEAT AND SPINACH) HAKE IN GREEN SAUCE PINK HAKE IN BATTER SALAD BUFFET VARIETY OF FRUITS (APPLES, PEARS, STRAWBERRIES)	W 11	LENTIL STEW ROASTED LEG OF LAMB FRIED POTATOES, PEPPERS AND ONIONS SALAD BUFFET PINEAPPLE IN SYRUP	T h 12	CHICKEN SOUP WITH MEAT AND NOODLES HOMEMADE CROQUETTES SALAD BUFFET VARIETY OF FRUITS (PEARS, APPLES, BANANAS)	F 13	WHITE BEAN STEW (FABADA) BATTERED SQUID RINGS (CALAMARES) SALAD BUFFET VARIETY OF FRUITS (BANANAS, ORANGES, PEARS) YOGHURTS AND CUSTARDS
M 16	GAZPACHO HOMEMADE PIZZAS TURKEY SAUSAGES SALAD BUFFET VARIETY OF FRUITS (ORANGES, PEARS, BANANAS)	T 17	GAZPACHO POTATO STEW BAKED SALMON SMALL BATTERED SQUID (CALAMATITOS) SAUTÉED PEAS WITH HAM SALAD BUFFET VARIETY OF FRUITS (APPLES, PEARS, STRAWBERRIES)	W 18	GAZPACHO CREAM OF PUMPKIN SOUP HOMEMADE BURGERS (CHICKEN, PORK, BEEF) SPANISH POTATOES SALAD BUFFET PEACHES IN SYRUP	T h 19	<small>GAZPACHO LENTIL O.</small> <small>STEW STUFFED TURKEY WITH CRANBERRY SAUCE SALAD BUFFET VARIETY OF FOOD (BANANAS, APPLES, ORANGES)</small>	F 20	GAZPACHO BLACK RICE WITH CUTTLE FISH NOODLES PAELLA (FIDEUÁ) GRILLED SOLE FISH SALAD BUFFET VARIETY OF FRUITS (APPLES, BANANAS, PEARS) YOGHURTS AND CUSTARDS
M 23	GAZPACHO LASAGNA GRILLED BEEF STEAK MUSHROOMS SAUTÉED WITH ARTICHOKES SALAD BUFFET VARIETY OF FRUITS (BANANAS, ORANGES, PEARS)	T 24	GAZPACHO LENTIL STEW WITH CHORIZO POTATO AND ONION OMELETTE (TORTILLA ESPAÑOLA) SAUTÉED PEAS WITH HAM SALAD BUFFET VARIETY OF FRUITS (STRAWBERRIES, PEARS, BANANAS)	W 25	GAZPACHO NOODLES CARBONARA GRILLED PINK ROCKFISH TUNA PATTIES SALAD BUFFET VARIETY OF FRUITS (APPLES, STRAWBERRIES, PEARS)	T h 26	GAZPACHO CHICKPEAS STEW HOMEMADE CROQUETTES SALAD BUFFET PINEAPPLE IN SYRUP	F 27	GARNISHED CHICKEN SOUP FRIED ANCHOVIES SALAD BUFFET VARIETY OF FRUITS (ORANGES, PEARS, BANANAS) YOGHURTS AND CUSTARDS
M 30	GAZPACHO CHINESSE STYLE FRIED RICE SMOKED PORK CHOP GRILLED ENSALADA CON FRUTOS SECOS VARIOUS SALADS VARIETY OF FRUITS (BANANAS, APPLES, PEARS)								

TEA (PRE-SCHOOL AND FIRST CYCLE OF PRIMARY EDUCATION)

MONDAY

BREAD ROLL WITH
OLIVE OIL
PETIT SUISSE

TUESDAY

FRESHLY SQUEEZE JUICE
CINNAMON BISCUITS

WEDNESDAY

ACTIMEL
TURKEY BREAD ROLL

THURSDAY

VARIETY OF FRUITS
CHOCOLATE MILK

DINNER SUGGESTION

M
2

SALMON SANDWICH,
YOGHURT AND FRUIT

T
3

RICE SALAD, FRIED
PORK LOIN, FRUIT

W
4

VEGETABLES, FISH,
FRUIT AND A GLASS
OF MILK

Th
5

CREAM OF
COURGETTER,
FRUIT AND A GLASS
OF MILK

F
6

VEGETABLES, HAM,
CHEESE, FRUIT AND A
GLASS OF MILK

M
9

BOILED BROCOLI,
GRILLED SOLE , FRUIT
& GLASS OF MILK

T
10

SALAD, FISH, FRUIT

W
11

MIXED SALAD,
CHEESE OMELETTE,
YOGHURT

Th
12

SCRAMBLED
ASPARAGUS, TOMATO
SALAD, FRUIT

F
13

VEGETABLE PURÉE,
GRILLED MEAT, FRUIT

M
16

SPINACH SALAD,
ROAST DORADA,
FRUIT

T
17

RUSSIAN FILLETS,
FRUIT AND A GLASS
OF MILK

W
18

CREAM OF
COURGETTER,
FRUIT, YOGHURT

Th
19

MIXED SALAD, FRUIT
AND CHEESE

W
20

PURÉE, FRIED PORK
LOIN, FRUIT

M
23

VEGETABLES, FISH,
FRUIT

T
24

VEGETABLES, FISH,
FRUIT AND A GLASS
OF MILK

W
25

MIXED SALAD, FRUIT
AND CHEESE

Th
26

VEGETABLE PURÉE,
GRILLED MEAT, FRUIT

W
27

RUSSIAN FILLETS,
FRUIT AND A GLASS
OF MILK

M
30

MIXED SALAD, FISH,
FRUIT