

MENÚ DE MAYO DE 2018

<p>M 1</p> <p>1 DE MAYO. FESTIVO</p>	<p>X 2</p> <p>GAZPACHO ESPAGUETIS CARBONARA ROSADA A LA ANDALUZA BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, NARANJAS Y MANZANAS)</p>	<p>J 3</p> <p>GAZPACHO CREMA DE PUERROS ALBÓNDIGAS CASERAS (POLLO / TERNERA Y CERDO) VERDURAS SALTEADAS BUFFET DE ENSALADAS FRUTA VARIADA (PERAS, FRESAS Y MANDARINAS)</p>	<p>V 4</p> <p>GAZPACHO FABADA CALAMARES A LA ROMANA BUFFET DE ENSALADAS FRUTA, YOGURES Y NATILLAS</p>
<p>L 7</p> <p>GAZPACHO PIZZAS CASERAS SALCHICHAS DE PAVO BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, NARANJAS Y PERAS)</p>	<p>M 8</p> <p>GAZPACHO CREMA DE CALABAZA FILETES DE LOMO A LA PLANCHA PATATAS A LO POBRE BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, MANZANAS Y NARANJAS)</p>	<p>X 9</p> <p>GAZPACHO LASAÑA (CARNE Y ESPINACAS) MERLUZA EN Salsa VERDE ROSADA A LA ANDALUZA BUFFET DE ENSALADAS FRUTA EN ALMÍBAR (MELOCOTÓN)</p>	<p>V 11</p> <p>GAZPACHO PAELLA MIXTA BOQUERONES A LA ANDALUZA BUFFET DE ENSALADAS FRUTA Y HELADOS VARIADOS</p>
<p>L 14</p> <p>GAZPACHO ARROZ A LA CUBANA FILETES DE LOMO A LA PLANCHA BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, NARANJAS Y MANZANAS)</p>	<p>M 15</p> <p>GAZPACHO LENTEJAS ESTOFADAS TORTILLA DE PATATAS Y CEBOLLA PIMIENTOS FRITOS BUFFET DE ENSALADAS FRUTA EN ALMÍBAR (MELOCOTÓN)</p>	<p>X 16</p> <p>GAZPACHO TALLARINES CARBONARA ROSADA A LA ROMANA BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, NARANJAS Y MANZANAS)</p>	<p>V 18</p> <p>GAZPACHO ENSALADILLA RUSA LENGUADO A LA ANDALUZA BUFFET DE ENSALADAS FRUTA, YOGURES Y NATILLAS</p>
<p>L 21</p> <p>GAZPACHO MACARRONES BOLOÑESA REVUELTO DE HUEVOS CON JAMÓN BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, NARANJAS Y PERAS)</p>	<p>M 22</p> <p>GAZPACHO CREMA DE CALABACINES HAMBURGUESAS (POLLO, TERNERA Y CERDO) PATATAS FRITAS BUFFET DE ENSALADAS FRUTA EN ALMÍBAR (PIÑA)</p>	<p>X 23</p> <p>GAZPACHO LENTEJAS CON CHORIZO BOQUERONES A LA ANDALUZA BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, NARANJAS Y FRESAS)</p>	<p>V 25</p> <p>GAZPACHO PAELLA MIXTA CALAMARES A LA ROMANA BUFFET DE ENSALADAS FRUTA VARIADA Y HELADOS</p>
<p>L 28</p> <p>GAZPACHO LASAÑA FILETES DE TERNERA A LA PLANCHA REVUELTO DE CHAMPIÑONES FRUTA VARIADA (PLÁTANOS, MANZANAS Y NARANJAS)</p>	<p>M 29</p> <p>GAZPACHO SOPA DE PICADILLO CORDERO ASADO AL HORNO PATATAS A LO POBRE BUFFET DE ENSALADAS FRUTA EN ALMÍBAR (MELOCOTÓN)</p>	<p>X 30</p> <p>GAZPACHO POTAJE DE GARBANZOS ROSADA A LA ANDALUZA BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, FRESAS Y NARANJAS)</p>	<p>J 31</p> <p>GAZPACHO SOPA DE MARISCO POLLO ASADO AL LIMÓN PATATAS A LA ESPAÑOLA BUFFET DE ENSALADAS FRUTA VARIADA (MELÓN, SANDÍA Y MANZANAS)</p>

MERIENDAS (INFANTIL Y PRIMER CICLO DE PRIMARIA)

LUNES

MOLLETE CON ACEITE DE OLIVA
PETIT SUISSE

MARTES

ZUMO NATURAL
GALLETAS NAPOLITANA

MIÉRCOLES

ACTIMEL
SÁNDWICH PAVO

JUEVES

FRUTA VARIADA
LECHE CON CACAO

SUGERENCIAS PARA LA CENA

	M 1	1 DE MAYO FESTIVO	X 2	VERDURA, PESCADO, FRUTA Y VASO DE LECHE	J 3	ENSALADA, PESCADO, FRUTA	V 4	VERDURA, JAMÓN COCIDO, QUESO, FRUTA Y VASO DE LECHE
L 7	M 8	BRÓCOLI HERVIDO, LENGUADO A LA PLANCHA, FRUTA Y VASO DE LECHE	X 9	ENSALADA MIXTA, TORTILLA DE QUESO, YOGURT	J 10	CREMA DE CALABACÍN, FRUTA Y VASO DE LECHE	V 11	REVUELTO DE ESPÁRRAGOS, PICADILLO DE TOMATE, FRUTA
L 14	M 15	ENSALADA DE ESPINACAS, DORADA AL HORNO, FRUTA	X 16	FILETES RUSOS, FRUTA Y VASO DE LECHE	J 17	CREMA DE CALABACÍN, FRUTA Y YOGURT	V 18	ENSALADA MIXTA, FRUTA Y QUESO
L 21	M 22	VERDURA, PESCADO, FRUTA	X 23	VERDURA, PESCADO, FRUTA Y VASO DE LECHE	J 24	ENSALADA MIXTA, FRUTA Y QUESO	V 25	PURÉ DE VERDURA, CARNE A LA PLANCHA, FRUTA
L 28	M 29	ENSALADA MIXTA PESCADO, FRUTA	X 30	VERDURA, PESCADO, FRUTA Y VASO DE LECHE	J 31	ENSALADA MIXTA, FRUTA Y QUESO		PURÉ DE VERDURA, CARNE A LA PLANCHA, FRUTA

MAY MENU 2018

	T 1 1 DE MAYO. FESTIVO	W 2 GAZPACHO SPAGUETTI CARBONARA PINK ROCK FISH ANDALUSIAN STYLE SALAD BUFFET VARIETY OF FRUITS (BANANAS, ORANGES, APPLES)	T h 3 GAZPACHO CREAM OF LEEK SOUP HOMEMADE MEATBALLS (CHICKEN/BEEF/PORK) SAUTÉED VEGETABLES SALAD BUFFET VARIETY OF FRUITS (PEARS, STRAWBERRIES, MANDARINES)	F 4 GAZPACHO WHITE BEANS STEW SQUID IN BATTER (CALAMARES) SALAD BUFFET VARIETY OF FRUITS YOGHURTS AND CUSTARDS	
M 7	GAZPACHO HOMEMADE PIZZAS TURKEY SAUSAGES SALAD BUFFET VARIETY OF FRUITS (BANANAS, ORANGES, PEARS)	T 8 GAZPACHO CREAM OF PUMPKIN SOUP GRILLED PORK STEAK POTATOES WITH ONIONS AND GREEN PEPPERS SALAD BUFFET VARIETY OF FRUITS (BANANAS, APPLES, ORANGES)	W 9 GAZPACHO LASAGNA (MEAT & SPINACH) HAKE IN GREEN SAUCE PINK ROCK FISH IN BATTER SALAD BUFFET FRUIT IN SYRUP (PEACHES)	T h 10 GAZPACHO SHELLFISH SOUP LEMON ROASTED CHICKEN SPANISH POTATOES SALAD BUFFET VARIETY OF FRUITS (APPLES, PEARS, ORANGES)	F 11 GAZPACHO MIXED PAELLA ANCHOVIES ANDALUSIAN STYLE SALAD BUFFET VARIETY OF FRUITS AND ICE-CREAMS
M 14	GAZPACHO RICE WITH TOMATOE AND EGGS GRILLED SALAD BUFFET VARIETY OF FRUITS (BANANAS, ORANGES, APPLES)	T 15 GAZPACHO LENTIL STEW POTATOE AND ONION OMELETTE (SPANISH OMELETTE) FRIED GREEN PEPPERS SALAD BUFFET FRUIT IN SYRUP (PEACHES)	W 16 GAZPACHO NODDLLES CARBONARA PINK ROCK FISH IN BATTER SALAD BUFFET VARIETY OF FRUITS (BANANAS, ORANGES, APPLES)	T h 17 GAZPACHO CUTTLEFISH STEW CHICKEN WINGS SALAD BUFFET VARIETY OF FRUITS (MELON, WATERMELON, BA NANAS)	F 18 GAZPACHO POTATO SALAD SOLE ANDALUSIAN STYLE SALAD BUFFET VARIETY OF FRUITS YOGURTS AND CUSTARDS
M 21	GAZPACHO MACARONI BOLOGNESE SCRAMBLED EGGS AND HAM SALAD BUFFET VARIETY OF FRUITS (BANANAS, ORANGES, PEARS)	T 22 GAZPACHO CREAM OF ZUCCHINI SOUP HAMBURGERS (CHICKEN, PORK, BEEF) CHIPS SALAD BUFFET FRUIT IN SYRUP (PINEAPPLE)	W 23 GAZPACHO LENTIL STEW WITH CHORIZO ANCHOVIES IN BATTER SALAD BUFFET VARIETY OF FRUITS (BANANAS, ORANGES, STRAWBERRIES)	T h 24 GAZPACHO CHICKPEAS STEW WITH MEAT AND NODDLLES HOMEMADE CROQUETTES SALAD BUFFET VARIETY OF FRUITS (WATERMELON, MELÓN, PEARS)	F 25 GAZPACHO MIXED PAELLA SQUID IN BATTER (CALAMARES) SALAD BUFFET VARIETY OF FRUITS AND ICE-CREAMS
M 28	GAZPACHO LASAGNA (MEAT & SPINACH) GRILLED BEEF STEAK SAUTÉED MUSHROOMS VARIETY OF FRUITS (BANANAS, APPLES, ORANGES)	T 29 GAZPACHO GARNISHED CHICKEN SOUP ROASTED LAMB POTATOES WITH ONIONS AND GREEN PEPPERS SALAD BUFFET FRUIT IN SYRUP (PEACHES)	W 30 GAZPACHO CHICKPEAS STEW PINK ROCK FISH ANDALUSIAN STYLE SALAD BUFFET VARIETY OF FRUITS (BANANAS, STRAWBERRIES, ORANGES)	T h 31 GAZPACHO SHELLFISH SOUP LEMON ROASTED CHICKEN POTATOES SPANISH STYLE SALAD BUFFET VARIETY OF FRUITS (MELON, WATERMELON, APPLES)	

TEA (PRE-SCHOOL AND FIRST CYCLE OF PRIMARY EDUCATION)

MONDAY

BREAD ROLL WITH
OLIVE OIL
PETIT SUISSE

TUESDAY

FRESHLY SQUEEZE JUICE
CINNAMON BISCUITS

WEDNESDAY

ACTIMEL
TURKEY BREAD ROLL

THURSDAY

VARIETY OF FRUITS
CHOCOLATE MILK

DINNER SUGGESTION

T
1

HOLIDAY

W
2

VEGETABLES, FISH,
FRUIT AND A GLASS
OF MILK

Th
3

SALAD, FISH, FRUIT

F
4

VEGETABLES, HAM,
CHEESE, FRUIT AND A
GLASS OF MILK

M
7

BOILED BROCOLI,
GRILLED SOLE , FRUIT
& GLASS OF MILK

T
8

MIXED SALAD,
CHEESE OMELETTE,
YOGHURT

W
9

CREAM OF
COURGETTER,
FRUIT AND A GLASS
OF MILK

Th
10

SCRAMBLED
ASPARAGUS, TOMATO
SALAD, FRUIT

F
11

VEGETABLE PURÉE,
GRILLED MEAT, FRUIT

M
14

SPINACH SALAD,
ROAST DORADA,
FRUIT

T
15

RUSSIAN FILLETS,
FRUIT AND A GLASS
OF MILK

W
16

CREAM OF
COURGETTER,
FRUIT, YOGHURT

Th
17

MIXED SALAD, FRUIT
AND CHEESE

W
18

RUSSIAN FILLETS,
FRUIT AND A GLASS
OF MILK

M
21

VEGETABLES, FISH,
FRUIT

T
22

VEGETABLES, FISH,
FRUIT AND A GLASS
OF MILK

W
23

MIXED SALAD, FRUIT
AND CHEESE

Th
24

VEGETABLE PURÉE,
GRILLED MEAT, FRUIT

W
25

PURÉE, FRIED PORK
LOIN, FRUIT

M
28

MIXED SALAD, FISH,
FRUIT

T
29

VEGETABLES, FISH,
FRUIT AND A GLASS
OF MILK

W
30

MIXED SALAD, FRUIT
AND CHEESE

Th
31

VEGETABLE PURÉE,
GRILLED MEAT, FRUIT