



JUNIO de 2019

L 3	GAZPACHO ARROZ A LA CUBANA SALCHICHAS DE PAVO BUFFET DE ENSALADAS FRUTA VARIADA (MANZANAS, PERAS, PLÁTANOS)	M 4	GAZPACHO CREMA DE CALABAZA ALBÓNDIGAS CASERAS (TERNERA, CERDO, POLLO) PATATAS A LA ESPAÑOLA FRUTA VARIADA (MELÓN, SANDÍA, PLÁTANOS)	X 5	GAZPACHO TALLARINES CARBONARA ROSADA A LA ROMANA BUFFET DE ENSALADAS FRUTA VARIADA (MANZANAS, FRESAS, PERAS)	J 6	GAZPACHO SOPA DE MARISCO CONTRA DE TERNERA AL HORNO CON PURÉ DE MANZANA BUFFET DE ENSALADAS FRUTA VARIADA (MANZANAS, PERAS Y PLÁTANOS)	V 7	GAZPACHO PAELLA MIXTA CALAMARES A LA ROMANA BUFFET DE ENSALADAS YOGURES Y NATILLAS FRUTA VARIADA
M 10	GAZPACHO LASAÑA FILETES DE TERNERA A LA PLANCHA VERDURA EN TEMPURA BUFFET DE ENSALADAS FRUTA EN ALMÍBAR (MELOCOTÓN)	L 11	FESTIVO: SAN BERNABÉ	X 12	GAZPACHO LENTEJAS ESTOFADAS ROSADA A LA ROMANA SALMÓN AL HORNO BUFFET DE ENSALADAS FRUTA VARIADA (MELÓN, SANDÍA Y PERAS)	J 13	GAZPACHO CAZUELA DE JIBIA ALITAS DE POLLO / PINCHITOS BUFFET DE ENSALADAS FRUTA VARIADA (FRESAS, MANZANAS, NECTARINAS)	V 14	GAZPACHO ENSALADILLA RUSA BOQUERONES REBOZADOS BUFFET DE ENSALADAS FRUTA VARIADA YOGURES Y NATILLAS
L 17	GAZPACHO PIZZAS CASERAS FILETES DE TERNERA A LA PLANCHA REVUELTO DE CHAMPIÑONES BUFFET DE ENSALADAS FRUTA VARIADA (PLÁTANOS, MANZANAS Y PERAS)	M 18	GAZPACHO CREMA DE PUERROS LENGUADO A LA PLANCHA ROSADA A LA ROMANA BUFFET DE ENSALADAS FRUTA EN ALMÍBAR (PIÑA)	X 19	GAZPACHO FABADA POLLO ASADO AL LIMÓN PATATAS A LA ESPAÑOLA BUFFET DE ENSALADAS FRUTA VARIADA (FRESAS, MANZANAS Y PERAS)	J 20	GAZPACHO LENTEJAS ESTOFADAS CROQUETAS DE LA ABUELA BUFFET DE ENSALADAS FRUTA VARIADA (SANDÍA, MELÓN Y NECTARINAS)	V 21	GAZPACHO SOPA DE PICADILLO ALITAS DE POLLO PATATAS FRITAS BUFFET DE ENSALADAS FRUTA VARIADA Y HELADOS
L 24	GAZPACHO ESPAGUETIS BOLOÑESA FILETES DE LOMO A LA PLANCHA BUFFET DE ENSALADAS FRUTA VARIADA (MANZANAS, PERAS, PLÁTANOS)	<h1>Felices Vacaciones</h1>							
									

BUFFET DE ENSALADAS: LECHUGA, TOMATE, MAÍZ, ATÚN, PEPINO



Meriendas (Infantil y Primer Ciclo de Primaria)

LUNES	MOLLETE CON ACEITE DE OLIVA O PAVO LECHE CON CACAO	MARTES	FRUTA DE TEMPORADA (MANZANAS Y PERAS)	MIÉRCOLES	MOLLETE DE CREMA DE QUESO	JUEVES	FRUTA DE TEMPORADA (MANZANAS Y PERAS)
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SUGERENCIAS PARA LA CENA

L 3	BRÓCOLI HERVIDO, LENGUADO A LA PLANCHA, FRUTA Y VASO DE LECHE	M 4	ENSALADA MIXTA, TORTILLA DE QUESO, YOGURT	X 5	CREMA DE CALABACÍN, FRUTA Y VASO DE LECHE	J 6	REVUELTO DE ESPÁRRAGOS, PICADILLO DE TOMATE, FRUTA	V 7	PURÉ DE VERDURA, CARNE A LA PLANCHA, FRUTA
M 10	VERDURA, PESCADO, FRUTA Y VASO DE LECHE	L 11	FESTIVO SAN BERNABÉ	X 12	CREMA DE CALABACÍN, FRUTA Y YOGURT	J 13	ENSALADA MIXTA, FRUTA Y QUESO	V 14	FILETES RUSOS, FRUTA Y VASO DE LECHE
L 17	VERDURA, PESCADO, FRUTA	M 18	PURÉ DE VERDURA, CARNE A LA PLANCHA, FRUTA	X 19	ENSALADA MIXTA, FRUTA Y QUESO	J 20	PURÉ DE PATATAS, LOMO ADOBADO, FRUTA	V 21	ENSALADA DE ESPINACAS, DORADA AL HORNO Y FRUTA
L 24	ENSALADA MIXTA PESCADO, FRUTA								

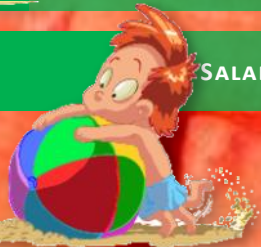




June 2019

M 3	GAZPACHO RICE AND TOMATO SAUCE TURKEY SAUSAGES SALAD BUFFET VARIETY OF FRUITS (APPLES, PEARS, BANANAS)	T 4	GAZPACHO CREAM OF PUMPKIN SOUP HOMEMADE MEATBALLS (BEEF, PORK, TURKEY) POTATOES SPANISH STYLE SALAD BUFFET VARIETY OF FRUITS	W 5	GAZPACHO NOODLES CARBONARA PINK ROCKFISH IN BATTER SALAD BUFFET VARIETY OF FRUITS (APPLES, STRAWBERRIES, PEARS)	T h 6	GAZPACHO SEAFOOD SOUP ROASTED BEEF TENDERLOIN WITH APPLE SAUCE SALAD BUFFET VARIETY OF FRUITS (APPLES, PEARS, BANANAS)	F 7	GAZPACHO MIXED PAELLA BATTERED SQUID (CALAMARES) SALAD BUFFET VARIETY OF FRUITS YOGHURTS AND CUSTARDS
T 10	GAZPACHO LASAGNA GRILLED BEEF STEAKS BATTERED VEGETABLES SALAD BUFFET FRUIT IN SYRUP (PEACHES)	M 11	FESTIVITY: SAN BERNABÉ	W 11	GAZPACHO LENTIL STEW PINK ROCKFISH IN BATTER BAKED SALMON SALAD BUFFET VARIETY OF FRUITS (MELON, WATERMELON, PEARS)	T h 12	GAZPACHO FISH STEW CHICKEN WINGS / SKEWERS SALAD BUFFET VARIETY OF FRUITS (STRAWBERRIES, APPLES, NECTARINES)	F 13	GAZPACHO POTATO SALAD BATTERED ANCHOVIES SALAD BUFFET VARIETY OF FRUITS YOGHURTS AND CUSTARDS
M 17	GAZPACHO HOMEMADE PIZZAS GRILLED PORK TENDERLOIN SCRAMBLED EGGS AND MUSHROOMS SALAD BUFFET VARIETY OF FRUITS (BANANAS, PEARS, APPLES)	T 18	GAZPACHO CREAM OF LEEK SOUP GRILLED SOLE FISH PINK ROCKFISH IN BATTER SALAD BUFFET FRUIT IN SYRUP (PINEAPPLE)	W 19	GAZPACHO WHITE BEAN STEW LEMON GRILLED CHICKEN POTATOES SPANISH STYLE SALAD BUFFET VARIETY OF FRUITS (STRAWBERRIES, APPLES, PEARS)	T h 20	GAZPACHO LENTIL STEW CHICKEN CROQUETTES SALAD BUFFET VARIETY OF FRUITS (WATERMELON, MELÓN, NECTARINES)	F 21	GAZPACHO GARNISHED CHICKEN SOUP CHICKEN WINGS/SKEWERS CHIPS SALAD BUFFET VARIETY OF FRUITS ICE-CREAM
M 24	GAZPACHO SPAGUETTI BOLOGNESE GRILLED PORK TENDERLOIN SALAD BUFFET VARIETY OF FRUITS (APPLES, PEARS, BANANAS)	<h1>HAPPY HOLIDAYS!</h1>							

SALAD BUFFET: LETTUCE, TOMATOES, CORN, TUNA, CUCUMBER, CARROTS, BETROOT.



Tea (Pre-SCHOOL AND FIRST CYCLE OF PRIMARY EDUCATION)

MONDAY	BREAD ROLL WITH OLIVE OIL OR TURKEY CHOCOLATE MILK	TUESDAY	SEASONAL FRUIT (APPLES AND PEARS)	WEDNESDAY	BREAD ROLL WITH CREAM CHEESE	THURSDAY	SEASONAL FRUIT (APPLES AND PEARS)
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DINNER SUGGESTION

M 3	BOILED BROCOLI, GRILLED SOLE, FRUIT & GLASS OF MILK	T 4	MIXED SALAD, CHEESE OMELETTE, YOGHURT	W 5	CREAM OF COURGETTER, FRUIT AND A GLASS OF MILK	Th 6	SCRAMBLED ASPARAGUS, TOMATO SALAD, FRUIT	F 7	VEGETABLE PURÉE, GRILLED MEAT, FRUIT
T 10	VEGETABLES, FISH, FRUIT AND A GLASS OF MILK	M 11	FESTIVITY: SAN BERNABÉ	W 12	CREAM OF COURGETTER, FRUIT, YOGHURT	Th 13	MIXED SALAD, FRUIT AND CHEESE	W 14	RUSSIAN FILLETS, FRUIT AND A GLASS OF MILK
M 17	VEGETABLES, FISH, FRUIT	T 18	VEGETABLE PURÉE, GRILLED MEAT, FRUIT	W 19	MIXED SALAD, FRUIT AND CHEESE	Th 20	PURÉE, FRIED PORK LOIN, FRUIT	W 21	SPINACH SALAD, ROAST DORADA, FRUIT
M 24	MIXED SALAD, FISH, FRUIT								

